



Week Three Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	VEGETARIAN MEATBALLS WITH RICE	CHICKEN & SWEETCORN PIE, MASH & GRAVY	MEXICAN CHILLI LAMB WITH RICE	ROAST CHICKEN, ROAST POTATOES AND GRAVY	FISH FINGERS and CHIPS
VEGETARIAN	SWEET & SOUR VEGETABLES WITH RICE	CHEESE & TOMATO PASTA TWISTS	MIXED BEAN FAJITA	VEGETARIAN COWBOY PIE, ROAST POTATOES & GRAVY	VEGETABLE NUGGETS and CHIPS
JACKET / PASTA	JACKET POTATO WITH CHEESE, BAKED BEANS or TUNA	JACKET POTATO WITH CHEESE, BAKED BEANS or TUNA	PASTA WITH TOMATO & BASIL SAUCE	PASTA WITH TOMATO & BASIL SAUCE	JACKET POTATO WITH CHEESE, BAKED BEANS or TUNA
COLD DELI	TUNA MAYONNAISE OR CHEDDAR CHEESE BAP	ROAST CHICKEN OR CHEDDAR CHEESE SANDWICH	TUNA MAYONNAISE OR CHEDDAR CHEESE WRAP	ROAST CHICKEN OR CHEDDAR CHEESE BAGUETTE	EGG MAYONNAISE OR CHEDDAR CHEESE SANDWICH
DESSERTS	CHOCOLATE COOKIE	ORANGE JELLY With MANDARINS	ICED LEMON SPONGE	SULTANA OATY COOKIE	FRUITY FRIDAY

SERVED W/C: 08/03, 12/04, 03/05, 24/05, 21/06, 12/07

Available Daily – Fresh Bread, Salad, Seasonal Vegetables, Water, Fruit, Yoghurt and



School Lunch menu

Food for Life

With this menu we continue with our achievement of Food for Life which means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat. Are nut free.

For more information on the award please visit foodforlife.org.uk/schools





Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	MACARONI CHEESE	JAMAICAN JERK CHICKEN With MASHED POTATOES	MINCED LAMB LASAGNE	ROAST TURKEY, ROAST POTATOES & GRAVY	FISH CAKE & CHIPS
VEGETARIAN	CHEESE & TOMATO PASTA BAKE	VEGETARIAN SAUSAGE, MASH & GRAVY	VEGETABLE LASAGNE	SHEPHERDESS PIE WITH GRAVY	VEGETABLE FINGERS & CHIPS
JACKET / PASTA	JACKET POTATO WITH CHEESE, BAKED BEANS or TUNA	PASTA WITH TOMATO & BASIL SAUCE	JACKET POTATO WITH CHEESE, BAKED BEANS or TUNA	PASTA WITH TOMATO & BASIL SAUCE	JACKET POTATO WITH CHEESE, BAKED BEANS or TUNA
COLD DELI	TUNA MAYONNAISE OR CHEDDAR CHEESE SANDWICH	ROAST CHICKEN OR CHEDDAR CHEESE BAP	EGG MAYONNAISE OR CHEDDAR CHEESE SANDWICH	TUNA MAYONNAISE OR CHEDDAR CHEESE WRAP	ROAST TURKEY OR CHEDDAR CHEESE BAGUETTE
DESSERTS	FLAPJACK	BANANA TRAYBAKE	SHORTBREAD	CHOCOLATE BROWNIE	FRUITY FRIDAY

SERVED W/C: 22/02, 15/03, 19/04, 10/05, 07/06, 28/06, 19/07

Available Daily – Fresh Bread, Salad, Seasonal Vegetables, Water, Fruit, Yoghurt and



Week Two Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	VEGETABLE SUPREME PIZZA with OVEN BAKED WEDGES	MILD CHICKEN CURRY & RICE	ALL DAY BREAKFAST – Vegetarian Sausage, Egg, Beans, Potatoes, Tomato	ROAST TURKEY, ROAST POTATOES & GRAVY	COD FISH FINGERS & CHIPS
VEGETARIAN	CHEESE & TOMATO PIZZA with OVEN BAKED WEDGES	BBQ VEGETABLE & MIXED BEAN WRAP	ALL DAY BREAKFAST – Vegetarian Sausage, Beans, Potatoes, Tomato	CHEESE & BAKED BEAN PUFF, ROAST POTATOES & GRAVY	VEGETABLE FINGERS & CHIPS
JACKET / PASTA	JACKET POTATO WITH CHEESE, BAKED BEANS or TUNA	PASTA WITH TOMATO & BASIL SAUCE	PASTA WITH TOMATO & BASIL SAUCE	PASTA WITH TOMATO & BASIL SAUCE	JACKET POTATO WITH CHEESE, BAKED BEANS or TUNA
COLD DELI	TUNA MAYONNAISE OR CHEDDAR CHEESE WRAP	EGG MAYONNAISE OR CHEDDAR CHEESE BAGUETTE	ROAST CHICKEN OR CHEDDAR CHEESE SANDWICH	ROAST TURKEY OR CHEDDAR CHEESE BAP	EGG MAYONNAISE OR CHEDDAR CHEESE SANDWICH
DESSERTS	APPLE CRUMBLE & CUSTARD	CINNAMON OATY COOKIE	VANILLA ICE CREAM	JAM TART	FRUITY FRIDAY

SERVED W/C: 01/03, 22/03, 26/04, 17/05, 14/06, 05/07

Available Daily – Fresh Bread, Salad, Seasonal Vegetables, Water, Fruit, Yoghurt